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Baked Veggie Delight

- 1 head of cauliflower, separated into florets
- 1 head of broccoli, separated into florets
- Brussels sprouts
- 2 garlic cloves
- ¼ c. coconut oil, melted
- 1 T. lime juice
- ½ t. Himalayan salt
- ¼ t. pepper



Heat the oven to 450 degrees F.
In a large bowl mix garlic, oil, lime, salt, and pepper.
Stir in veggies till well coated.
Spread in 9x13 pan.
Bake for 25 minutes, stirring occasionally.

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