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Chicken Chili

Ingredients

(Can make and freeze extra – or make smaller recipe to fit your family size):

- 1 T coconut oil
- 2 cups cubed chicken breasts
- 1 lg chopped onion
- 1 chopped green pepper
- 1 cup chicken broth
- ¾ c water
- 4 tsp chili powder
- 1 tsp cumin
- ½ tsp garlic powder
- 2 cans cannellini (white kidney) beans rinsed/drained



Sauté chicken and onions in oil on med-hi heat. Add green pepper and cook 1 min. Add remaining ingredients, heat to boil, and then reduce to low and simmer 15 minutes.

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