

## www.jilltiffany.com

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## **Protein Bites**

- ½ cup almond meal
- ½ cup pecan meal
- 1 cup date paste
- ½ cup finely shredded coconut
- 1. Mix all ingredients till well blended.
- 2. Roll into bite-size balls.
- 3. Roll in coconut or almond meal.
- 4. Store in fridge.

